

PRESIDENT'S LETTER Paul McDermott

The holiday season is almost here. We probably ate too much for Thanksgiving, and are now planning family activities for Christmas. Many of those activities will include Arrowhead, either for family gatherings, or a holiday break with snowmobile rides on the Alpine, or both.

The Arrowhead Snowmobile Club has spent much of the summer clearing a new trail which gives additional variety and challenges for those who like to play in the snow. When enjoying the new trail, as well as the old ones, be sure to take time to thank the Club members for their work. A new addition this year is that the Club has obtained its own groomer, so the Alpine trails will be in better shape. As a reminder, if you haven't sent in your Club dues, please do so.

This is also the time of year when we need to recognize, and say thank you, to the people who do so much to maintain the quality of Arrowhead.

Cheri Ratliff has done a fantastic job putting the Smoke Signals together every other month, as well as working with Rob Pennie to update and improve the Arrowhead website. Thanks to them, the Arrowhead community enjoys some of the best membership communications around.

Joyce Boulter, and the Design Review Committee members, have spent numerous hours this past year not only reviewing plans for new construction, but also reviewing active projects to assure they meet our regulations. The committee has also reviewed our regulations, and made recommendations for improvements.

Bob Rosenbaum has been our forest guru for many years. In addition to coordinating wildfire mitigation on the common lands of the subdivision, he does wildfire mitigation and defensible space surveys for individual properties. Bob also handles the fire mitigation grant application process each year. Over the years, he has probably achieved over a quarter of a million dollars in grants for Arrowhead to help reduce threats from wildfires.

Will Hobson, our Heavy Equipment Operator, has done a superior job this year under some extreme hardships. First, our 24 year old grader broke down just before the heavy snows hit a year ago, and for several weeks, including the Christmas holidays, Will, and his chief helper, Oscar Ratliff, along with other volunteer helpers, were able to keep the Alpine and winter parking lot open using the loader, until the newer grader was delivered. This summer, he has also been busy installing new culverts to improve drainage along some of the subdivision roads, as well as grading and maintaining those roads during the heavy summer traffic, and keeping the stump dump stacked so there was room to unload more forest debris.

Dave Tobler, our Office Manager, has kept things running smoothly for several years, and is the "man behind the scenes" who seldom gets recognized, but who makes sure the dues notices are sent out, the payments are recorded and deposited, and the bills are paid. He also works with Cheri Ratliff to get the Smoke Signals in the mail, and keeps the Board informed about the financial activities of Arrowhead.

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Board Reports

Presidents Letter Paul McDermott

Continued from front page

Our Security Department, Manager Reinie Masanetz, and Security Officers Joanie Aufderheide, Paul Forbes, Jim Gelsomini, Bill Hokanson, Eric Johnson, John Summers, Leonard Wasilewski have been busy keeping an eye on Arrowhead, issuing vehicle registration stickers, registering fire pits, helping get snowmobiles unstuck, resolving conflicts, and handling the myriad of other duties they are called upon to do every day.

Linda Dysart has taken on the task of overseeing our efforts to control noxious weeds, and coordinating weed spraying needs with the contractor. Linda, along with Joyce Boulter, also set up several community clean-up project days to develop a summer nature trail around Hazel Lake. The trail is also designed to be used as a cross country ski trail in the winter.

There are dozens of Arrowhead Volunteers, too numerous to mention, who always seem to find a way to give of their time to the community.



Finally, I wish a special thank you to the members of the Board of Directors, who have spent numerous hours in meetings and in work sessions, working on special projects, as well as being available to the property owners to listen to concerns and complaints, and help resolve problems.

Happy Holidays and have a safe winter.

Arrowhead property owners would like to thank Paul McDermott for leading the AIA Board and all the hours he has volunteered for the good of our community.

Thanks Paul!













Burning the Stump Dump, Care Flight Training day and a night time shot of the Stump Dump burning.

Photos by Cheri

Merry Christmas from my family to yours

Fire Department News

Fire Chief's Letter Kevin Stilley

It's been a busy month for the fire department. We've completed the Public Access Defibrillation (PAD) set up, trained on our new cold compressed air foam (CAF) system, renewed our CPR certifications, had training from Care Flight out of Montrose and burned the stump dump.

The PAD program is complete. There is an AED in a cabinet in the following locations: 705 Crest Drive, 301 Crest Drive, 903 Hazel Lake, on the south facing wall of the firehouse, 105 Aspen Trail, just outside the upper pump house on Spruce Drive, and 305 Ponderosa Way. Please find which is closest to your property and then call Paul Forbes at 862-8307 for training on how to use an AED. AED's have already saved one of our Arrowhead resident's life. The next life is saves might be yours if everyone is trained on it. An alarm will sound if the AED cabinet's door is open. Please don't open it unless you have a real emergency. I'd like to thank Ron Treche for helping me install these cabinets. I'd especially like to thank the following people for letting us hook into their electric box so we can heat the cabinets during the winter time: Steve and Carol Bergman, Don and Peggy Beach, James and Janice Brunswick, Patrick Murray, Nancy Grant and Bruce Greenwell.

Steve Isle, an Arrowhead resident, donated our new CAF system and trained with us. Pete Nauyokas donated two old snowmobiles for us to burn in our training of the CAF system. I believe CAF is the wave of the future in fighting structure and fuel fires. It took a lot longer to start the snowmobiles on fire than it did to put them out. Thanks so much Steve and Pete.

The next day we had our CPR training course. Craig Tullio who owns a lot up here drove all the way from Cheyenne, WY after work one Tuesday, took Wednesday off from work so he could instruct and drove back Wednesday evening. That is a total of 12 hours in the car (11 ½ hours if he hadn't had speedometer problems). He did a great job teaching and we applaud you for your dedication to the cause. Thanks Craig, and Carol thanks for tagging along.

The day after our CPR course Care Flight out of Montrose came to train medical evacuations with us in their helicopter. We first had class-room instruction then field instruction, followed by some practice runs with the helicopter. They even took a few of us in the air with them. They did a great job. Thanks go out to their crew and to Martha Cook for coordinating everything.

On Monday, November 16th Senya Balla was the Honorary Fire Chief for burning the stump dump and what a fine job she did. Thanks also go out to Billie and Betty for supplying the hot chocolate and treats. It was a great day for a big fire.



Have a Merry Christmas and Happy New Year!







Security Reinie Masanetz

Security would like to thank our property owners that have registered their vehicles, trailers and snowmobiles. However, we currently have unregistered box trailers, trailers and snowmobiles parked in the winter parking lot that do not have the current numbered vehicle stickers. Security has no way to identify the owner (s) of such vehicles due to temporary or no license plates, as well as no Colo. Parks & Recreation stickers. If you are a property owner that has already parked a vehicle, trailer or snowmobile in the parking lot and you're not sure if you have a current vehicle sticker, please contact us immediately. If we're unable to identify the owners of such vehicles, our security team will have no choice, but to remove them from the parking lot at the <u>owner's expense</u>. This strict rule was adopted at the September 2009 AIA board meeting and was specifically addressed in the president's letter in the last issue of the October 2009 Smoke Signals.

Please observe the new "No Parking next 600 feet Helicopter Landing Zone Signs" located on the Alpine road and at the entrance to our winter parking lot. This area must be kept clear at all times and also during snow removal of the winter parking lot when parking on the Alpine Road is required.

Please feel free to contact security at 970-862-8262 if you have any questions regarding road conditions or road closures prior to planning your trip to Arrowhead.



Design Review by Joyce Boulter

The temperatures have started to drop and the snow we have will probably stay till next spring. When residents start talking about building projects for next spring, I try to emphasize that spring in Arrowhead is usually around June 1st. Construction for this year has come to a halt and there are not any new projects on the horizon. If you are planning a construction project for next year, try to get your plans to Design Review in March or April. Plans will get through Gunnison County faster if they are submitted early. The closer you get to summer, the longer your plans will take for permits. Please remember any plans for your lot must be cleared through Design Review. You do not need a permit for most landscaping, but a design plan should be submitted to design review, especially if your plans include building berms or other elevation changes. If your plans include clearing or changing over 2000 sq. ft. of land you must have a Gunnison county reclamation permit.

There will <u>not</u> be an organized **Parade of Lights** this year. But if you and your family would like to ride and see the lights contact Joanie for a list of houses that will be decorated. 862-8415



Health on the Mountain by Joyce Boulter

The controversy over H1N1 flu and seasonal flu is getting a lot attention this fall. The symptoms are similar and include:

- High fever
- Headache
- Extreme tiredness/fatigue
- Dry cough
- Runny stuffy nose
- Muscle aches/soreness

Since the H1N1 virus is new, fewer people have immunity to it, and more people are likely to get sick. H1N1 seems to be more severe in children and adults up to age 25. It is also worse in pregnant women. Seasonal flu tends to be worse in the adult population over 65. Both flu viruses cause more problems in people with chronic conditions such as asthma, diabetes and heart disease.

Prevention includes vigorous hand washing and avoiding people with active coughs. The virus can remain active for 2 to 8 hours on surfaces. Household disinfectants should be used to clean any solid surface. You should wash your hands frequently after being in public places and avoid touching the mouth, nose or eyes. An alcohol based hand wash can be used in place of soap and water. Remember to keep hands moisturized, as dry cracked skin is an easy opening for viruses and bacteria.

Vaccination for H1N1 where available are suggested for children and adults under 25, while seasonal flu shots are usually given to adults over 65. Health care workers and people with chronic conditions should be vaccinated as supplies regulate. Please refer to your personal physician for advice on your personal vaccination.

Once you have flu or H1N1 the treatment is similar. Get plenty of rest and stay home at least 24 hours after fever has subsided. Drink plenty of fluids, such as juice, water, and avoid alcohol. There are many medications that will help relieve the symptoms of a cold, but no cure. Aspirin, Tylenol or Ibuprophen will help with the fever and aches and pains, remember to never give aspirin to children or teenagers with viral illnesses. Many home remedies will also help with the symptoms. Chicken soup helps soothe the throat, adds fluid and nutrients and makes you think of Mom. Salt-water gargles also help soothe a sore throat. Echinacea, Zinc lozenges, and vitamin C have gained some popularity, but have not proven effective. Just remember the flu will last up to two weeks and may leave you weakened longer. The flu is serious and if you have difficulty breathing, pressure or pain in the chest, sudden dizziness, confusion, or persistent vomiting, you need urgent medical attention.

The Inn at Arrowhead

will be hosting a Christmas dinner on Thursday December 17th and a New Years Eve Party this year. Plans are being made now. Give them a call and join in the fun! 862-8206

Arrowhead Snowmobile Club

The days are getting shorter and snow is coming in bits & pieces here at Arrowhead. We're still driving to our homes but I don't think it will be long before everyone will be snowmobiling. A few of our members have already gone up country on what little snow we have, and we'd like to thank those industrious members for cutting firewood for our Willow Park bonfires.

There will be 3 group rides this winter. Everyone from beginners to the "powder junkies" are invited. If you don't live here at Arrowhead you can come and stay at the Inn to join in the fun. The 3 dates are January 23^{rd} , February 13^{th} , and March 13^{th} . We will meet in front of the Inn at 10:30 am; break up into groups and try to leave by 11:00am. Each group will have a safari leader to follow up to Willow Park where a nice, big, warm bonfire will be blazing. Bring something to cook over the fire for lunch. For those of you who haven't been there before, there is a huge, flat meadow to play in. Also close by is our "Dead Man's Hill" which is quite a thrill. Anyone interested in being a group safari leader can contact Joanna Misare at jomisare@fone.net or 970-862-8324.

Be sure to check out the CSA web site: www.snowmobilecolo.com
If you haven't already joined or renewed your membership, you can do it there.

We wish everyone a happy, healthy and "snowy" holiday season.

Eric, Star, Lucia, Sally



Krall Award Notice:

The AIA would like to thank those residents who questioned no award being made this year and the John Krall Award Committee for making the decision to continue. The committee is made up of Gerry Wigent, Carolyn Isbell, Billie Ellis, Linda Dysart, Joanie Aufderhiede and Bob Hernandez.

After reopening the nominations we had 30 nominations for 8 different community members. We'd like to also thank those who took the time to nominate one of these eight people. The awardees will have their name added to the John Krall Award Plaque and will receive a gift certificate to dinner at the Inn.













Notice

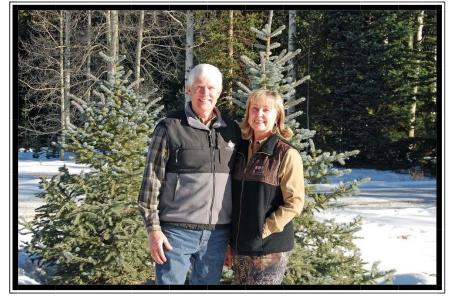
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The AVFD has new merchandise. New items include denim shirts, denim jackets, open bottom sweat pants, tote and wine bags. These items and the complete lines are listed for sale on the website. You may purchase them at AVFD meetings and events or contact Martha at cook2324@gmail.com





It is our great pleasure to award the John Krall Award for 2009 to Ron & Diane Benson.

He immediately became involved in the Arrowhead Volunteer Fire Department, working on mitigation and evacuation procedures, serving 2 years as Assistant Fire Chief, and then 3 years as Fire Chief. He spent nearly every day at the fire-house for at least 6 months during the renovation. He was part of the committee to investigate and then achieved in getting the Fire Protection District. He later completed the legal process to convert the AVFD to a non-profit status. He has continued to be an active volunteer in the fire department and does a large part of the maintenance on the firehouse vehicles. He recently volunteered his services to the AIA for small maintenance projects around the community. He always helps out on volunteer projects such as the snowmobile trail, Hazel Lake and roadside clean up projects. Over the years he has helped Security break trail after heavy snowstorms and has run heavy equipment clearing the parking lot and grooming filing roads. He also helped keep the cross-country ski track groomed.

She has been involved in the Arrowhead Volunteer Fire Department, selecting materials and decorating the newly renovated firehouse. She organized the flea market booth at the 4th of July picnic for several years. She worked with him to complete the legal process to convert our Fire Protection District to a non-profit status. She has been instrumental in collecting and delivering our donations to the Gunnison Food Bank. She has devoted many hours to design review and is currently the coordinator for the Arrowhead Book Club. To quote one of her nominators, "she adds an element of class and charm to our community."

They have both contributed many hours over the past 16 Saturdays to help clear the new snowmobile trail. They are always available to help someone in trouble such as taking food to someone who is sick, helping fix a stove, helping put up firewood, or repairing a snowmobile. They always have a warm and caring attitude towards people. These two friends have huge hearts! They exhibit a strong sense of direction as they apply creative ideas to our ever-changing community. They are open-minded and utilize diplomacy as they move forward. They are a valuable team that adds to our community. They are the type of people we are all proud to call our friends and neighbors. They both are very deserving of the John Krall Award. They have been active in Arrowhead since they arrived in 2001.



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Wishing you a very Merry Christmas & Happy New Year!



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I thought I'd Keep it as a pet, and let it sleep with me

I made it some pajamas, and a pillow for its head

then last night it ran away, but first it wet the bed!!!

J

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To All at Arrowhead
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Happy and Safe Holiday Season
Thanks for your support thru the year
Nick Garreffa













Merry Christmas from Arrowhead













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